



Barefoot News

July 2023

Upcoming Events

Please RSVP for events using the links here, or at barefootsailingclub.org.

| Date | Time | Event/Registration Link | Presenter/Host | Location |
|-----------|-----------|---|-------------------------------|--------------|
| July 23 | 6:00 p.m. | Member Social and Meeting | Linda Hoopes | Brimstone |
| July 29 | 6:00 p.m. | LARC Moonlight Race #3 | Fred/Chico | Aqualand |
| Aug 5 | 11 a.m. | First Saturday Cruise | Norm Plotkin | Sunrise Cove |
| Aug 5 | 11 a.m. | Fall Race Series #1 Volunteer Signup | Fred Kempner Chico Wojna | Aqualand |
| Aug 12 | 5:00 p.m. | Steak Out | BFSC | Holiday |
| Aug 19 | 11 a.m. | Fall Race Series #2 Volunteer Signup | Fred Kempner Chico Wojna | Aqualand |
| Aug 26 | 6:00 p.m. | LARC Moonlight Race #4 | Fred/Chico | Aqualand |
| Aug 27 | 6:00 p.m. | Member Social and Meeting | TBA | Brimstone |
| Sept 2 | 11 a.m. | First Saturday Cruise | Norm Plotkin | Sunrise Cove |
| Oct 13-15 | See web | Barefoot Open Regatta | Lisa Schoer Gail Rodriguez | Sunrise Cove |

From the Cruise Captain

Interested in being our next Cruise Captain? Let the board know of your interest for next year.

Charter Survey—Please Complete!!

We're gathering information about interest in a possible charter cruise in 2024, and have put together a survey so you can let us know about your level of interest, favorite destinations, etc. [You can find the survey here.](#) If you have any additional ideas or suggestions, please send them to me at nlplotkin@gmail.com.

First Saturday Cruise: August 5

We will meet at 11 a.m. at Sunrise Cove Marina deck, then go for a cruise and meet up in a cove around 2:00 p.m. for a raft-up, swim, and late lunch. Bring or wear bathing suits, a change of clothes, and food and drinks. Sign up as crew (we can find a boat for you!) or skipper at: <https://www.barefootsailingclub.org/upcoming-cruises>. Cruises are also open to non-members interested in sailing and learning more about our club. Feel free to invite friends you know who might be interested and let us know in the sign-up how many guests you have.



Cruise Report

First Saturday Cruise: July 1

5 boats and many crew participated in our First Saturday July 1st Cruise. As there was little wind and many holiday powerboats chopping up the lake, we all sailed/motored over to a cove to enjoy a social raft up, lunch and swim. Thanks to Captains Ron, Dave, Bill, and Tom.

Norman Plotkin—Cruise Captain



Membership Update

Please welcome our newest members:

- **Timothy Wilson** and **Lisa Brent**—referred by Bruce Barton. **Boat:** 1970s wooden 24 ft Trimaran, *Nommo* (Sail #3, docked at LLSC E1). Interested in cruising, racing, and social events. 🐾
- **Rob Suba** and **Sarah Green**—referred by Chico Wojna. **Boat:** Tartan 33R, *Rob Roy* (Sail #8170, docked at Aqualand Z41). 🐾
- **Nan Deegan**—a long-time Barefoot sailor, she has been unable to participate due to surgical recovery but attended the Lobster Boil, and is looking forward to being more active again. **Boat:** Windrush 24, at home. Interested in education, racing, regattas, LLA shore sweep, and social events.
- **Samantha McDonald**—referred by John Doyle. Newer to sailing and looking for more opportunities to get on the water; she has already started coming out to play!

Jacqueline Steadman—Membership Captain

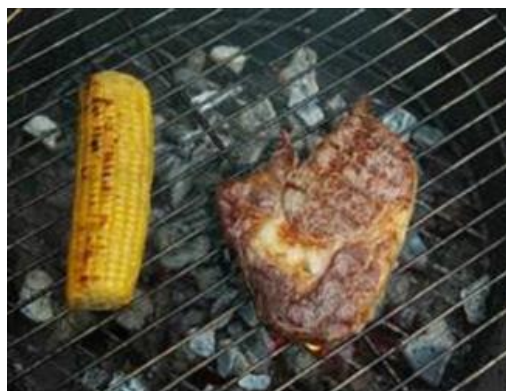


From the Social Chair

The Steak Out is Back!

Saturday, August 12

- We are having our annual Steak Out on one of the Lake Lanier islands (TBD). We will stake out our stretch of beach in advance and let you know on the day. There will be music, swimming, games (cards, horseshoes, bocce ball, etc.) and food!
- **Meet at Aqualand Guest dock at 11:00 AM** to drop off your lawn chairs and any other gear you need shuttled over to the island. We will be using 3 pontoon boats to move people and gear. Hop a ride to the island at 11 or 3. We can shuttle you back when the party is over.
- **Bring a lawn chair, camp table, your beach towel, or whatever you plan to sit and eat on.** You may want to bring a sturdy plate to carve your steak on. We will have paper plates, steak knives and metal forks for carving.
- **Sail on your boat or cruise with a friend from 11-3ish,** then head to the island for steak, sides and to visit with your favorite Barefoot sailing buddies.
- Enjoy a **steak** with an **ear of corn and coleslaw** or choose the **"Impossible Burger" veggie option.**
- **Prepay online by August 5 to reserve your steak.**
- Sign up on the barefootsailingclub.org website to eat and volunteer.
- **BYOB** 🍷🍹🍺



Coordinators: Mary Ellen & Bill Gray PLUS Lee Cook



Event Report: Lobster Boil – June 24

The Lobster Boil was a huge success, and so were the lobsters (huge)! The club just about broke even on the event. Everyone seemed to enjoy the food and there were lots of left over potatoes, salad and desserts.

Racing Dirt-Ups

Dirt-ups are being coordinated after the BFSC Fall races as follows. Please sign up if you'd like to help!

Laura Clarke—Social Chair

| | | |
|--------------|--------|-----------------------|
| BFSC Fall #1 | 5-Aug | Elizabeth Harding |
| BFSC Fall #2 | 19-Aug | Rory & Mary Robichaux |
| BFSC Fall #3 | 10-Sep | (open) |
| BFSC Fall #4 | 01-Oct | (open) |
| BFSC Fall #5 | 15-Oct | (open) |



July 23 Member Social and Meeting 🎵

What is a [Wellerman](#) anyway?

An introduction to sea songs and chanteys, with a little bit of singing along.

Mark your calendar for the member social and meeting in July when your Yeoman, Linda Hoopes, will be the guest presenter. Visitors welcome!

Purser's Update

The club remains in good financial shape. Highlights as of July 11th:

- We have \$6,675 in our checking account, up \$31 since last month.
- The final tally for the Lobster Boil was a slightly positive \$26, with strong attendance and raffle results overcoming lobster cost inflation and those \$400 security expenses.
- We made a net income of \$57 from selling BFSC Logo hats. We sold out of all colors but more hats are on the way including the new Nantucket Red.
- We are still in the process of updating the permanent trophies for the Joan Holcomb Memorial Women Skippers Regatta. After those engraving costs are covered, we will 50/50 share the remaining event proceeds with LLSC.

Upcoming: Our next significant administrative expense is our \$384 annual bill for our WIX webpage functionality, due this month. This is a \$60 increase from last year.

David Steadman—Purser

BFSC Vice Commodore News

Greetings Barefooters!

Happy July to you all. Jack and I returned to the US just in time to celebrate July 4th with our grands. Wouldn't you know it, we old farts were too tired to stay and watch the fireworks! Oh well, there is always next year!

Thanks to everyone who attended and helped out with the Lobster Boil, especially our social captain **Laura Clarke**. From the pictures I saw, it looks like all of you in attendance had an amazing time. Our upcoming Steak Out on August 12 will be just as much fun!

Gail Rodriguez and I will be counting on members in the next few weeks to begin volunteering for the annual [Barefoot Open Regatta](#). We are in the process of getting all the final plans set so we can now begin to put things into action. I cannot stress enough how the success of this event takes all of us. What can you do now? If you see items you would like to donate for the silent auction, please purchase them as a donation; if you have unused new items around plan to donate them; when you go to a restaurant or other establishment see if they will provide a gift card, etc. Anything that you think would provide interest would be great.

The next member social & meeting will be on July 23. Jack and I looking forward to seeing you all there.

Lisa Schoer—Vice Commodore S/V Shore 'Nuff



From the Commodore

Hi BFSC! It was great to see everyone at the Lobster Boil and the July Cruise. I had a really fun time. I am so grateful to Laura Clarke for her amazing work and skill to bring off such a wonderful event. Thanks, also, to the many volunteers who helped with food prep, set-up, serve, arrange the games, and clean-up. You all did a great job!

I have been crewing Wednesday evenings out of Cedar Point Yacht Club on Long Island Sound this summer. I of course wear my BFSC Commodore hat! We came in first in our fleet last week, the first time in seven years, according to the skipper. I attribute that victory to MY extraordinary racing skills (ha ha), which I learned crewing in the Wednesday night races for Norman! 😊

Because I will be away from Atlanta for the foreseeable future, I'm resigning my position as Commodore. I have enjoyed working, sailing and partying with you all these past six months. I am thrilled that we have had so many fun events, races, cruises and parties this year and am excited about all that is coming ahead. We have done all this together, and I'm grateful. I know Lisa Schoer, our Vice-Commodore, (and Former Commodore) is looking forward to being Commodore again!



I will leave you with a fun piece from The Drunkard's Almanac, July 31st, "Black Tot Day."

You see, July 31 is Black Tot Day, the birthday of the ominous day that the Royal Navy ceased handing out rum rations, or tots. This was something that had been going on since the 17th century, only ending in 1970. Not surprisingly, when fueled by rum, the Royal Navy was the most powerful armada in the world for a couple of hundred years.

Not that they were new to drinking. Potable water was scarce in those days and not well suited to being stored in wood barrels on ship. That made booze the obvious solution, so the Royal Navy carried alcohol since the fleets first set sail. Just as it was for the Ancient Mariner, "Water, water everywhere / Nor any drop to drink". They tried beer, but this didn't work well due to the large quantity of liquid to be stored. Spirits were the obvious choice.

As the focus on the high seas turned toward the Caribbean in the early 17th century a new spirit – rum – emerged and the Royal Navy began providing rum as far back as 1655. ...By the 18th century each sailor was issued about 10 ounces daily of barrel strength rum (about 75% ABV). Gin was favored by the officers, but that is a subject for another column. No wonder they ruled the seas. While the rum was originally issued neat, the legend suggests sailors would "prove" its strength. This involved checking that gunpowder doused with their ration would still ignite. This led to "Navy Strength" becoming part of the drinking vocabulary.

For rest of article, see <https://drunkardsalmanac.com/black-tot-day-grog/>

Kerry

Kerry McGrath—BFSC Commodore

S/V Bella



From the Racing Captains

Spring Series

The last race of the Spring Series was Saturday, July 15th and it was much like most of the Spring Series—a test of one’s light air racing skills. To finish the races often required patience and perseverance along with a healthy amount of sail trim skill and experience to know where the best wind was. Admittedly, it was frustrating at times, but using short courses and shortened finishes we were able to put together a fun series without the help of the wind gods. In fact, in this last race the wind gods were particularly cruel. As soon as the short race course was shortened even more, and a few boats managed to cross the finish line, the winds piped up to 15 knots and a decent sail could be had heading back to one’s dock. We will post full results soon.

Upcoming Races

As a reminder, the third Moonlight race is on July 29th and the Fall Series has its first race on August 5th. Join us for some fun times on the water, regardless of the wind. If you don’t have a boat, but want to learn and enjoy the sport, come to the skipper’s meeting and we’ll do everything we can to get you on a boat. It’s a great way to learn what racing is about and to experience the fun and comradeship it creates.

Fred Kempner & Chico Wojna—Racing Captains

BFSC Officer Contact Information

| Office | Name | Email |
|--------------------|---------------------|---------------------------------|
| Commodore | Kerry McGrath | kmcgrat@yahoo.com |
| Vice Commodore | Lisa Schoer | bfscvcommodore@gmail.com |
| Cruising Captain | Norman Plotkin | nplotkin@gmail.com |
| Membership Captain | Jacqueline Steadman | jacqueline_steadman@hotmail.com |
| Racing Captain | Fred Kempner | fkempner@hotmail.com |
| Social Captain | Laura Clarke | head2wind@outlook.com |
| Boatswain | Chris McBride | mcbride_cs@bellsouth.net |
| Mentor Coordinator | Jack Schoer | jacklschoer@gmail.com |
| Purser | David Steadman | bfscpurser@gmail.com |
| Web Person | Erin Schroder | bfscweb@gmail.com |
| Yeoman | Linda Hoopes | bfscyeoman@gmail.com |